**Past Even****ts**

nov 17

**“Self-harm, Suicide Awareness & Prevention” Student Assembly**

  Thursday, November 17, 2022, @ 9:00 & 4:00

First Session: Thai-Speaking Assembly 9:00-10:00 am Kitti-Tasanee Auditorium Second Session: International Speaking Assembly 4:00-5:00 pm Kitti-Tasanee Auditorium



1. nov 21

**“Career Development & Counseling Center” Open House**

  Monday, November 21, 2022, 4:00 pm - 8:00 pm

Location - Free maps and location icons Career Development & Counseling Center office SA 201 B

nov 21

**“Mental Health Sidewalk Street Art Competition”**

  Monday, November 21, 2022, 4:00 pm - 8:00 pm

Location - Free maps and location icons On the running track next to the football field – SA building

**Upcoming Events**

1. march 26

**“Career Fair”**

  Sunday, March 26, 2023, 9:00 am - 3:00 pm

Location - Free maps and location icons Kitti-Tasanee Auditorium

**“Self-harm, Suicide Awareness & Prevention” Student Assembly**

 Thursday, November 17, 2022,

First Session: Thai-Speaking Assembly 9:00-10:00 AM Kitti-Tasanee Auditorium Second Session: International Speaking Assembly 4:00-5:00 PM Kitti-Tasanee Auditorium

Speaker: Elder Boonmee Ngodngamwong of “Samaritan Institute”

Students who are healthy and happy are productive, and have a great meaningful college experience. Mental fitness awareness can help students to address issues, reduces class & program absenteeism, increases productivity and better grades, and reduces mental health crisis.

This Assembly was organized to promote mental well-being and social wellness among college students. Student success during college relies on many factors but one of the most important is student wellness. Learning how to slow down and disentangle from experiences of anxiety, develop alternative responses to anxiety, and learn anxiety coping skills was part of the goal. The speaker focused on learning how to really listen and support friends and classmates.

Many students and faculty enjoyed participating in this meaningful event.

**“Mental Health Sidewalk Street Art Competition”**

Monday, November 21, 2022, 4:00 pm - 8:00 pm

Football Field Running Track – In front of the SA building

This event was designed to allow students the opportunity and space to express their creativity through meaningful and encouraging messages. Learning how to slow down and disentangle from experiences of anxiety, developing alternative responses to anxiety, and using art as an anxiety coping skill.

Many students and faculty were welcomed and enjoyed participating in this meaningful event.

Certificates and awards were given to the top 3 teams. Each team was comprised of three team members. Each entry had both a picture component & a meaningful message. All entries were judged on impactful messages, creativity, and kindness in a digital age. Certificates that were awarded!

Future Generation Certificate

Most Meaningful Message certificate

Most creative team certificate

**“Career Development & Counseling Center” Open House**

 Monday, November 21, 2022,

Drop in between 4:00 pm - 8:00 pm

Career Development & Counseling Center office SA 201 B

Students were welcome to visit the Career Development & Counseling Center offices, enjoy fresh baked cookies & drinks and meet the counselors. This was a great opportunity for students to become familiar with the services the CDCC office provides.

**“Career Fair”**

 Sunday, March 26, 2023, 9:00am – 2:00 pm

Kitti-Tasanee Auditorium

We are pleased to invite you to our first APIU Career Fair this coming March. During the Career Fair you will be introduced to SDA organizations and career opportunities. This is a great opportunity for you to meet with representatives from organizations human resources department and see available jobs, internships & volunteer openings. Top of Form

We expect over thirty companies and institutions both local and international to participate in the APIU Career Fair. We hope this potential collaboration and partnership will be mutually beneficial and rewarding for both our students and institutions.

**Top five reasons why you need to attend a Career Fair**

1. Networking with potential employers (who are the institutions that are coming)
2. Learning how to present your professional side (Get your resume reviewed before the fair, highlight your skills)
3. Open up job options and internship opportunities
4. Landing a job or internship. (Land a job *before* you graduate)
5. Brush up on your skills.

<https://ait.ac.th/2022/10/ait-career-fair-organized-to-build-student-industry-networking/>

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